

Understanding Systemic Privilege and Oppression

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Timeslot: 10:15-11:45am June 16th

Learning objectives:

1. Attendees will learn how the current American system privileges some groups while systematically disadvantaging others. Attendees will gain insight into groups valued by American society and the unearned advantages that come with membership in the valued groups
2. Attendees will gain knowledge regarding forms of systemic oppression in the media, education system, criminal justice system, and employment. Audience members will increase in empathic understanding for the experience of oppressed group members.
3. Attendees will learn models of identity development for oppressed and privilege group members.
4. Audience members will gain insight into advocacy efforts to create a more equalized system and deconstructing systems of oppression.

Measurable Outcomes:

- The presentation will include interactive lecture and small group discussion. Outcomes will be measured via a question and answer period at the end of the presentation and discussions resulting from a small group activity.

Title of the Program with Summary:

- Title: Understanding Systemic Privilege and Oppression
- Summary: We live in a society that privileges some groups while systematically disadvantaging others. Awareness of the system of privilege and oppression allows counselors to increase empathic understanding and cultivate strong therapeutic alliances with diverse clients. The aim of this presentation is to discuss the effects of membership in privileged and oppressed groups, gain insight into the experience of oppressed group members, and learn advocacy strategies to change the system.

Bibliography of Resources:

- Alexander, M. (2012). *The new Jim Crow*. New York, NY: The New Press
- Chiricos, T., & Eschholz, S. (2002). The racial and ethnic typification of crime and the criminal typification of race and ethnicity in local television. *Journal of Research in Crime and Delinquency*, 39, 400-420
- Johnson, A. G. (2006). *Privilege, power, and difference* (2nd ed.). New York: McGraw-Hill.
- Ortiz, S. O. (1999). You'd never know how racist I was, if you met me on the street. *Journal of Counseling and Development*, 77, 9-12.
- Pager, D. (2007). *Marked: Race, crime, and finding work in an era of mass incarceration*. Chicago: The University of Chicago Press
- Sue, D. W., & Sue, D. (2013). *Counseling the culturally diverse: Theory and practice* (6th ed.). Hoboken, NJ: John Wiley & Sons

- Tatum, B. D. (1997). *“Why are all the black kids sitting together in the cafeteria?”: And other conversations about race*. New York, NY: Basic Books