

Journey of Hope Grief Support Center

3900 West 15th Street, Suite 306, Plano, Texas 75075, (972) 964-1600

The mission of the Journey of Hope Grief Support Center is to provide support at no cost for children, teens, young adults and their families as they learn to mourn the death or impending death of their loved one in a safe, caring and nurturing environment.

<http://www.johgriefsupport.org/index.htm>



A child coping with the death of a parent, sibling, or friend has a different grieving process than an adult. We at Grief**Works** specialize in helping children aged 5-18 mourn in a safe, supportive environment.

We provide a free orientation and free bi-weekly grief groups at our offices in Dallas, Texas. In these closely supervised groups, children are able to express their feelings of grief through sharing, play, drama, and art in a safe, loving environment. Our trained facilitators act as caring listeners to support the process.

Groups are held twice a month in the evenings, and are divided by age (5-8, 9-12, 13-18). Parents meet in their own support group at the same time.

Additionally, for those requiring even more support, private grief counseling is available for a low sliding-scale fee.

For more information on our services, please [contact us](#) or call Janet at 972-960-9981. Ext 109.

<http://www.christian-works.org/griefworks/>



809 Libscomb Street, Fort Worth, TX. 817-870-2272

<http://www.thewarmplace.org>

After a death occurs, a parent or guardian may schedule an appointment to visit The WARM Place, and to talk with a trained counselor about the death loss. During their first visit, the counselor will explain our program, talk with each family member, and determine when the family will come to The WARM Place for their first group meeting. This initial meeting is scheduled during the daytime and usually lasts about two hours.

[What to expect on your group night](#)

On group nights, families gather for a pot-luck dinner and conversation, and then break into small groups by age levels: children age 5-8, preteens age 9-12, teenagers age 13-18, and parents/guardians. Separate groups meet for 3-4 year-olds and young adults ages 19-25.

Each group has its own volunteer facilitators who lead the discussion and direct age-appropriate activities designed to help participants express their emotions constructively.

Depending on the age of the participants, drawing, modeling clay, painting, journaling, music games and sharing thoughts or feelings may be a part of the group session. These activities are designed to encourage each person's expression and understanding of grief. Many times the children sit on the floor and talk with each other about the feelings they share.

[Why this method works](#)

Each session at The WARM Place is led by volunteer facilitators who have been through extensive training on the grief process and group dynamics. The facilitators help the grieving children and adults express feelings they cannot discuss in most settings. This nurturing environment allows children and their families to process their sorrow with the assistance of staff members, trained volunteers and other families in the same situation. Children and their families are carefully monitored during group sessions so that serious problems can be referred to outside professionals. The length of time a family stays in the

*Our Services
Are Free of
Charge.*

*The WARM
Place's services are
free of charge for all
families. Our
agency has been
entirely dependent
on the generosity of
donors since its
inception.*

program is based on the individual family's needs.

Whom we serve

The WARM Place has groups for preschoolers, school-age children, pre-teens, teenagers, young adults and parent/guardians. Group sessions are different for each type of death loss.

When our groups meet

Each night of the week is designated for a different type of death loss; parent, sibling, grandparent, friend or other family member.

Groups meet every other week on either a Monday, Tuesday, Wednesday, or Thursday evening from 6:30 - 8:30 p.m. The number of sessions a family attends is based on each family's individual needs. The average length of participation in our program is eighteen months.